

# Community Mental Health Delivery Plan & Actions on a Page

OUR VISIONS

**OUR STRATEGIC VISION:** We echo the vision set out in the National Mental Health Strategy 2017 – 2027 “People can get the right help at the right time, expect recovery, and fully enjoy their rights, free from discrimination & Stigma.”

OUR AIMS

- Prevention** - People are supported to enjoy the best possible mental health & Wellbeing
- Self Management** - People who experience poor mental health are supported to self-manage in their communities.
- Recovery** - people who experience mental illness are supported through their recovery
- Dignity & Rights** - Support provided respects the dignity and rights of the individual
- Support for Carers** - Carers of people with poor mental health will be supported to be equal partners

OUR ACTIONS

